

- Who we are
- What we do



**Virginia Mason Memorial's Care Line for Advancing Illness**  
Home Health & Hospice | Palliative Care | Bereavement | Ethics  
Advance Care Planning | Spiritual Care

## Some Statistics

- 70% of individuals would wish to die at home
  - 82% say it is important to have EOL wishes in writing
  - 80% say that if seriously ill they would want to talk with their doctor about EOL care
- 
- 70% of people die in a SNF, hospital, or LTC facility
  - 23% have ever written their EOL wishes
  - 7% report having an end of life conversation with their doctor
- 
- 8.8x increased likelihood of prolonged grief if loved one dies in ICU vs hospice
  - 5x increased likelihood of PTSD if loved one dies in ICU vs. hospice
  - **10 fewer days spent in hospital during last two years of life if patient participated in advance care planning**

# compasscare is...

- Home Health
- Palliative Care
- Hospice
- Clinical Ethics
- Advance Care Planning
- Spiritual Care
- Inpatient Navigation Team
- Bereavement



- HOME CARE

HOME HEALTH

Key Word:

REHABILITATION

*Focus on Patient*

PALLIATIVE CARE

Key Words:

LIFE LIMITING with UNMET NEEDS

*Focus on Patient and Family*

HOSPICE

Key Words:

6 MONTHS OR LESS

*Focus on Patient and Family*

BEREAVEMENT

Key Words:

13 MO. COMPREHENSIVE SUPPORT

*Focus on Family*

# How Compass Care Connects with Our Community

- ▶ Advance Care Planning/FIVE WISHES: Age 18 and over *through* end of life
- ▶ Home Health (Rehab): Patient is home-bound and receives 60-days of rehabilitative service (nursing, physical/occupational/speech therapy, etc.)
- ▶ Home-Based Palliative Care: Anyone with incurable, chronic illness and unmet need
- ▶ Hospice: Anyone with diagnosis of 6 months or less
- ▶ Cottage in the Meadow: The Only Inpatient Hospice House in Yakima County
- ▶ Spiritual Care: Patients/Families of hospital, North Star Lodge, Cottage in the Meadow, Home Health, Hospice, Palliative Care
- ▶ Bereavement: Hospice families, all community deaths
- ▶ The Surprise Question
- ▶ Clinical Ethics: Family of Services patients, staff, family members, physicians
- ▶ Critical Incident Stress Management: Family of Services staff, community

COMPASS CARE  
Phases of Advancing Illness



Advance Care Planning • Clinical Ethics • Home Health • Palliative Care • Hospice • Cottage in the Meadow • Spiritual Care • Bereavement

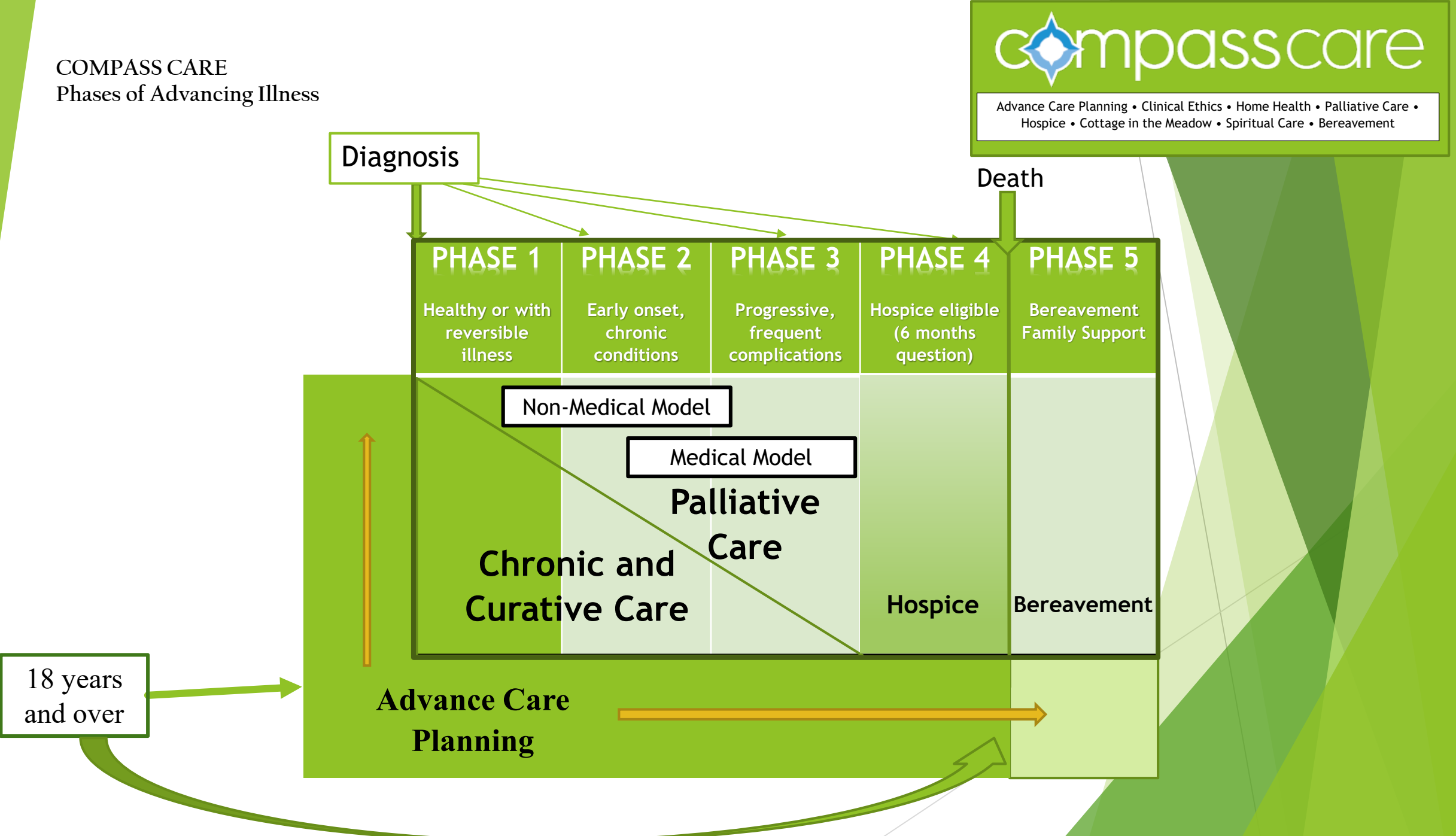
Diagnosis

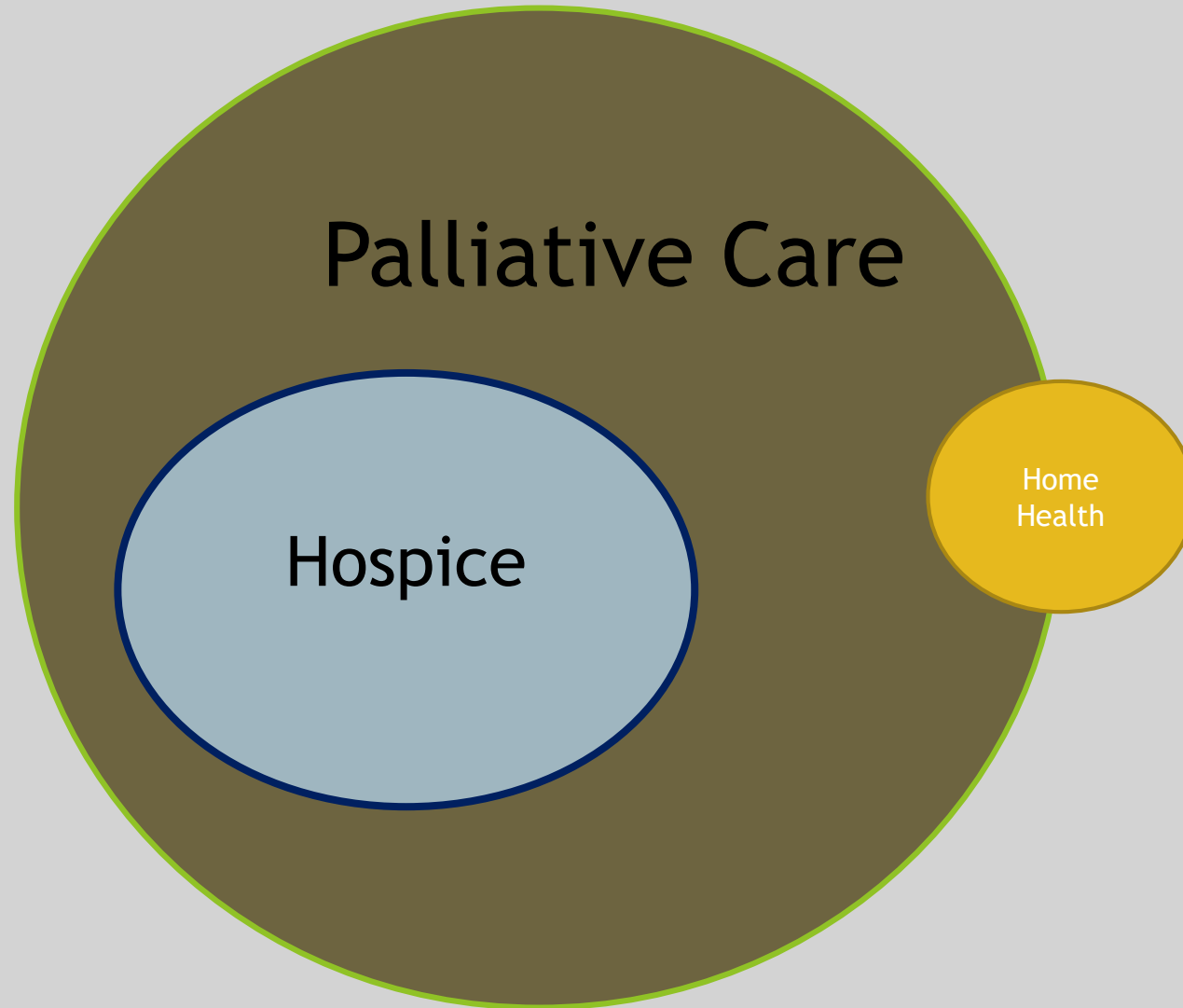
Death

| PHASE 1                            | PHASE 2                         | PHASE 3                             | PHASE 4                              | PHASE 5                    |
|------------------------------------|---------------------------------|-------------------------------------|--------------------------------------|----------------------------|
| Healthy or with reversible illness | Early onset, chronic conditions | Progressive, frequent complications | Hospice eligible (6 months question) | Bereavement Family Support |
| Non-Medical Model                  |                                 | Medical Model                       |                                      |                            |
| Chronic and Curative Care          |                                 |                                     | Hospice                              | Bereavement                |
| <b>Palliative Care</b>             |                                 |                                     |                                      |                            |

18 years and over

Advance Care Planning





# Home-based care is “healthcare of the future”

- ▶ No longer is the hospital the hub for healthcare
  - ▶ Evidenced by
    - ▶ reimbursement,
    - ▶ benefit to patient
    - ▶ Other companies getting into the healthcare market
  - ▶ The national home healthcare market is expected to grow with a cumulative annual growth rate of 8.8% between 2017 and 2023\*

Compass Care is poised to lead this care in Yakima County

\*National Institute of Health



# Data for Compass Care

- ▶ **Home Care Census:**
  - ▶ Hospice: 130-150 patients
  - ▶ Home Health: 180patients
  - ▶ Palliative Care: 150patients
- ▶ **Cottage in the Meadow:**
  - ▶ Now able to serve up to 20 patients
- ▶ **Advance Care Planning:**
  - ▶ 90,000+ Five Wishes in Community