



## Greater Columbia Accountable Community of Health

*Collaboration • Innovation • Engagement*

### Meeting Minutes

October 18, 2018 | 9:00 a.m. – 12:00 p.m.

United Way of Benton & Franklin Counties | 401 N Young St, Kennewick, WA 99336

#### ATTENDANCE

<b>Participants (* denotes they called in, † denotes a GCACH Board Member):</b>	Kirk Williamson, Jean Murrow, Chas Hornbaker, Sean Domagalski, Sierra Foster, Susan Campbell, Raul Morales, Michelle Sullivan, Martin Sanchez, Lisa Gonzalez, Heidi Berthoud, Rhonda Hauff†, Dr. Jocelyn Pedrosa, Marissa Ingalls, Sandy Quiroga, Hayley Middleton, Carla Prock, Morgan Linder, Dr. Kevin Martin, Leah Ward, Fenice Fregoso, Shannon Jones, Lupe Mares, Mark Lee, Annette Rodriguez, Bertha Lopez, Sandra Suarez†, Everett Maroon, AnaMaria Diaz Martinez, Leslie Stahlnecker, LoAnn Ayers, Sarah Giomi, Cass Bilot, Matthew Kuempel, Jac Davis, Michele Crowley, Corrie Blythe, Michelle Shearer, Yesica Arciga Garcia, Ben Shearer, Ron Jetter, Sue Jetter, Diane Campos, Scott Adams, Madelyn Carlson†, Marcy Durbin, Jorge Rivera, Stein Karspeck, Joyce Newsom, Annette Rodriguez, Tim Anderson, Jozelle Pheto, Liz Whitaker*, Meghan DeBolt*, Cicily Zornes*
<b>Staff/Contractors (* denotes they called in):</b>	Carol Moser, Wes Luckey, Becky Kolln, Rubén Peralta, Lauren Johnson, Sam Werdel, Diane Halo, Jenna Shelton, Martin Sánchez, Patrick Jones, Aisling Fernandez
<b>Special Thanks:</b>	<ul style="list-style-type: none"> <li>• Thank you, United Way of Benton &amp; Franklin Counties, for use of the facility.</li> <li>• Thank you to the CBO and LHIN leaders for presenting at the meeting.</li> </ul>

#### MEETING PRESENTATIONS & REPORTS

<b>Community Based Organization (CBO) Fair (CBOs)</b>	<ul style="list-style-type: none"> <li>• The Community Based Organizations had tables around the room to showcase the work the organization is doing. Participants networked and shared information work being done in the region.</li> </ul>
<b>CBOs Description of Organization's Purpose and Services (CBOs)</b>	<ul style="list-style-type: none"> <li>• Rubén Peralta facilitated the meeting. He greeted all participants and had invited one representative from each guest Community Based Organizations briefly present on their work.             <ul style="list-style-type: none"> <li>○ Mark Lee: Communities in Schools                 <ul style="list-style-type: none"> <li>▪ Communities in Schools is in 26 schools as of this year. This program has a paid staff member in the school all day who is present and part of the school, but he/she has flexibility that</li> </ul> </li> </ul> </li> </ul>

school staff does not have to help kids with their challenges. Chiawana High School in Pasco asked for a second person. Case manage 670 youth; 97% of those kids stayed in school.

- Corrie Blythe: Southeast Washington Aging and Long-Term Care (SE WA ALTC)
  - SE WA ALTC covers the GCACH region except for Whitman County and supports a comprehensive network of services by contracting and providing direct services in each community (e.g. advocacy for services, chronic disease care, durable medical equipment, counseling, fall prevention programs).
- Joyce Newsom: People for People
  - People for People (PFP) provides employment and training services, transportation for those with special needs. PFP is a key resource for emergency relief and will stay open 24-7 for emergencies. One of the two master contractors to help people apply efficiently for food stamps by phone, avoiding an office visit and paperwork. A key partner for ACEs education.
- Carla Prock & Lisa Gonzalez: Benton-Franklin Health District (BFHD) (had two tables at the CBO Fair)
  - A table to talk about Adverse Childhood Experiences (ACEs), which is a social determinant of health. BFHD provides a wide variety of community services including Women, Infant and Children, Environmental Health, and Communicable Diseases. The care coordination is primarily focused on childhood special needs and HIV care.
  - A table to talk about Chronic Disease and Diabetes Self-Management Program (led by Lisa Gonzalez) which was initiated at BFHD in 2015. In 3 years, there have been 4 lay leader trainings and have trained 42 volunteers. Also do marketing through TV, radio and community outreach events.
- Stein Karspeck: Richland Fire & Emergency Services
  - A table to talk about how the emergency services work in Benton and Franklin Counties. The community includes fire districts (Benton City & West Richland). All the emergency services are accomplished by the Fire Departments. The future goal is to develop community paramedicine, which in addition to providing emergency response, also addresses the social determinants of health. You can help save a life. Talk to Stein and download it on your phone.
- Annette Rodriguez: Yakima Neighborhood Health Services
  - One of the services is meeting basic needs. The resource center called Neighborhood Connections screens and does assessments. They also provide a respite program for homeless individuals who are too sick to be in the streets but don't need to be hospitalized, and need a place to recuperate. An LGBTQ-friendly space where you can visit if you're 13 to 23 years old.
- Jorge Rivera & Fenice Fregoso: Molina

- It's been 4 years since GCACH had its very first meeting in Walla Walla. It has really grown into a massive community focus and has really been special. Molina helps with about 50% of people with Medicaid, was privileged to win first place for integrated managed care (IMC) and will move into IMC in 2019. Partnering is key, such as with housing agencies, case management, addiction recovery, health homes. Hiring more people for this area. Please don't see MCOs as payers only, but more as partners.
- Tim Anderson: Merit Disability
  - Merit Disability supports those who would qualify for Social Security disability, for those who are 64 or younger who haven't worked for 12 months because of physical conditions. This program has more robust benefits than others and helps them to get the resources they need. Partners with Molina.
- Sara Giomi: Second Harvest
  - Second Harvest is in 26 counties, work on hunger relief. Since 1971 working to fight hunger and feed hope! Empower, educate and change lives. Healthy food for every person every day. Food for kids in schools, mobile markets, and nutrition classes.
- Bill Dixon: WSU Master Gardener Foundation of Benton/Franklin Counties
  - Food from food gardens tend to be more nutritious. Robert Wood Johnson Foundation (RWJF) found that food gardening is a way to get more exercise and is good for mental health. Currently the food gardens program supports low-income gardeners and provides fresh produce to 1800 to 2400 people including the families of the gardeners. They continue to build new gardens and offer classes to people to teach ways to grow food in containers for those with no gardening space.
- Yesica Arciga Garcia: Community Health Plan of Washington (CHPW)
  - CHPW is a not-for-profit. Yesica told her personal story about how CHPW provided affordable dental care to her in the past and supports people like her in the community.
- Everett Maroon: Blue Mountain Heart to Heart
  - Blue Mountain Heart to Heart does case management for people living with HIV/AIDS. The Board and Everett having been working on services for opioid users. They are doing a syringe exchange in 4 counties in Oregon. Working on naloxone distribution. They opened in Pasco in May and have seen 75 reversals, in Walla Walla 88 reversals just this year. Statewide there have been 1600 naloxone reversals (AKA lives saved). There have been 187,000 syringes exchanged.
- Raul Morales: Family Learning Center
  - Raul serves on the Board and is an active volunteer. The Family Learning Center helps refugees coming into the Tri-Cities by helping with homework after school, taking families to the Oregon Zoo, taking them to Silverwood, getting to know this community, serving as a

	<p>resource for them, becoming a connection between the schools and families, has citizenship courses, ESL for adults, a health ESL class. As a community, the Tri-Cities is one of the most welcoming for immigrants. The biggest need is mentorship of teens. 10 refugee kids involved with the Family Learning Center have graduated from high school and now attend CBC.</p> <ul style="list-style-type: none"> <li>○ Matthew Kuempel: Lutheran Community Based Services <ul style="list-style-type: none"> <li>▪ Lutheran Community Based Services has offices all over Washington State. They work with the needs of the community, partner with ALTC. The local office has been meeting the needs of kids and youth with intensive mental health needs. The SWIFT program is for crisis stabilization for a MH or BH crisis at risk of harming oneself or someone else. The largest program is a wraparound service for those 21 or younger with intensive MH or BH needs, trying to get every system partner involved. One family, one plan: legal, school, MH, medical providers are all working together. Youth qualify not based on diagnosis but based on risk factors and environmental needs and the strengths factor assessment.</li> </ul> </li> <li>○ AnaMaria Diaz Martinez: WSU Extension Service <ul style="list-style-type: none"> <li>▪ WSU Extension Works through networking and collaboration. One of the programs is Strengthening Families, an evidence-based program, for prevention of drug and alcohol use in WA state. She partners with many of the organizations in the room that are working on family development. Always looking for community partners.</li> </ul> </li> </ul>
<p><b>Welcome &amp; Introduction (GCACH Staff)</b></p>	<ul style="list-style-type: none"> <li>● Rubén Peralta facilitated introductions by name and organization around the room and on the phone.</li> </ul>
<p><b>Local Health Improvement Network (LHIN) Reports (LHIN Leaders of WCHN, SW WA RHN, BMRCHP, BFCHA, YCHCC, &amp; KVHN) († denotes a GCACH Board Member)</b></p>	<ul style="list-style-type: none"> <li>● Greater Columbia ACH has established six Local Health Improvement Networks (LHINs) across the GCACH region to provide a local voice and perspective to the Medicaid Demonstration Project. LHINs are comprised of local community leaders that provide direct and indirect services to advance the health of their population.</li> <li>● LHIN Leaders introduced themselves. <ul style="list-style-type: none"> <li>○ Scott Adams &amp; Erin Sedam: Whitman County Health Network (WCHN) <ul style="list-style-type: none"> <li>▪ Scott Adams reported that WCHN has a Leadership Council. Through a County-wide needs assessment, they found that the three main needs are access to medical care, dental care and MH services. Great story about the benefits of this network working with YVFW to purchase a building in Pullman and collaborate for childhood dentistry services. Upcoming pilot in a school. Working on bi-directional integration.</li> </ul> </li> <li>○ Jac Davies &amp; Martha Lanman: South East Washington Rural Health Network <ul style="list-style-type: none"> <li>▪ Jac Davies reported that SE WA RHN, which includes Garfield, Columbia and Asotin counties as well as 3 health systems, FQHCs, public health, BH, ALTC, transportation, 3 health departments, senior services, EMTs all attending monthly meetings (usually held) in Pomeroy. There are cross-LHIN activities as well. In 2018 worked on identifying projects and</li> </ul> </li> </ul> </li> </ul>

aligning with GCACH work. The Community Health Fund Initiative captured the consumer voice with a survey in 3 counties and they are working on mapping these needs to the projects.

- Morgan Linder & Meghan DeBolt†: Blue Mountain Region Community Health Partnership (BMRCHP)
  - Morgan Linder reported that BMRCHP, of Walla County, currently has 92 people on the roster with a diversity of community organizations including business, hospitals, city and county government, and education. In the past year, they have been working with the community, working on perceptions of health needs and trying to bring data, specific indicators, and asset mapping to the process. Have just completed the CHNA and are distributing the results this week. Starting the CHIP next week. Looking at Social Determinants of Health.
- Kirk Williamson: Benton-Franklin Community Health Alliance (BFCHA)
  - Kirk Williamson reported that CHNA started in the 1990s as an effort to build a cancer center by bringing together a group of competing community leaders in a safe and collaborative space. Benton and Franklin counties has a large refugee community, much of which is not Hispanic, there's a great event about suicide prevention coming up, also EMS leaders are meeting to work on high 30-day hospital readmissions. Working with Senator Sharon Brown to create a community tip line.
- Rhonda Hauff† & Dan Ferguson†: Yakima County Health Care Coalition (YCHCC)
  - Rhonda Hauff reported that YCHCC has representation from many sectors and organizations. There is electronic access to the meetings to increase access. YCHEE was founded by community members and Rep. May Skinner in 2002 when they came together to talk about prioritizing the needs of Yakima valley. They have developed several position papers on topics including access to hospital care, Medicaid interpreting, prenatal care and support and public health. Focus on the uninsured and Medicaid populations. They have many partnerships and are working on integrated managed care. She talked about the PREPARE tool.
- Dr. Kevin Martin, Sue Grindle, John Raymond: Kittitas Valley Health Network
  - Kevin Martin reported that KVHN is located in a very rural area. The coalition formed to address a specific crisis and then once all of these talented people came together, they stayed together and kept meeting. They applied for a HRSA Rural Network Planning Grant. They completed a CHNA in 2012 and again this year. Ellensburg housing is too expensive and there's a shortage of daycare. The MH workgroup has been addressing suicide in the county. An ACEs group is getting off the ground. A Network Infrastructure group is working on sustainability and recruitment. Working on income inequality and food insecurity.

	<ul style="list-style-type: none"> <li>• Rubén Peralta noted that GCACH and the LHINs are addressing the Social Determinants of Health and this topic is raised in every meeting.</li> <li>• For more information about the LHINs in the Greater Columbia region, visit: <a href="https://gcach.org/lhin">https://gcach.org/lhin</a></li> </ul>
<b>GCACH Report (GCACH Staff)</b>	<ul style="list-style-type: none"> <li>• GCACH staff members reported out on the highlights of their work in the last month: <ul style="list-style-type: none"> <li>▪ Jenna Shelton updated the Leadership Council on Practice Transformation work from the last month. The Practice Transformation Navigators have been working with Behavioral Health Providers participating in the Integrated Managed Care (IMC) transition. The PTNs have also completed 19 of the 23 kick-off meetings.</li> <li>▪ Becky Kolln gave the WAFE Portal Update. GCACH is working with 17 BH providers to sign contracts for the design, development and implementation of fully integrated managed care. Twelve of the 17 BH providers have signed contracts. The next payment date is set for October 19<sup>th</sup>.</li> <li>▪ Lauren Johnson informed the LC about the Tri-Cities Opioid Forum. The Tri-Cities Alliance for the Common Good will be gathering a panel of experts on addiction to share their knowledge and jumpstart a conversation about what people in our community can do to put an end to opioid abuse and start healing our families and neighborhoods.</li> </ul> </li> </ul>
<b>Question &amp; Answer (Rubén Peralta)</b>	<ul style="list-style-type: none"> <li>• In a brief Q&amp;A session, a participant asked if we were to work toward general awareness in the community in any area, we would want to focus on resilience. The presenter replied that people will recognize what resilience they already have.</li> </ul>
<b>ADJOURNMENT</b>	
<b>Adjournment</b>	<ul style="list-style-type: none"> <li>• Meeting adjourned early at 11:42 a.m.</li> <li>• Minutes taken by Aisling Fernandez.</li> </ul>
<i>Thank you for your time and engagement with Greater Columbia Accountable Community of Health!</i>	
<b>The last 2018 Leadership Council meeting in 2018 will be from 9 a.m. to 11:30 a.m. on Thursday, November 15, 2018 at Columbia Basin College, Classroom L102 (2600 N 20th Ave, Pasco, WA 99301)</b>	
<b>No Leadership Council Meeting in December Monthly Meetings will resume in January 2019</b>	