

GREATER COLUMBIA ACCOUNTABLE COMMUNITY OF HEALTH

Leadership Council Meeting Minutes

Community Resilience

Thursday, February 18, 2021 | 9:00 AM to 11:30 AM

Teleconference

Italicized: GCACH Board Member
Bold: Speaker

WELCOME & INTRODUCTIONS

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| <p>Welcome & Introductions (Dr. Patrick Jones)</p> | <p>Dr. Patrick Jones of Eastern Washington University facilitated the meeting. There were approximately 114 attendees</p> <p>He started the meeting by sharing that this is the Chinese year of the ox. They are a creature known for resilience and to recover quickly from difficulties. They are also known for their toughness, which is fitting for this meeting's topic on Community Resilience.</p>  |
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DISCUSSION ITEMS

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| <p>Behavioral Health Trends</p> | <p>Sindi Saunders from Greater Columbia Behavioral Health (GCBH) shared data with respect in the Greater Columbia region.</p> <p>The providers in this region are doing a fantastic job and in day-to-day services. During the pandemic, we expected the numbers to go up but the crisis providers kept it at a maintained level of their patients and community. They responded effectively in their region.</p> <p>Daily crisis logs are processed and go to Managed Care Organizations (MCO). Majority of the calls come from Medicaid consumers.</p> <p>On the Crisis line calls have to be answered in 30 seconds. A metric is used to calculate the total of calls.</p> |
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| | <p>Stopped offering crisis volunteers stabilization services. Can no longer pay unless there is state funding which is very rare.</p> <p>Providers were creative in meeting with consumers, e.g. tents on the grass.</p> <p>Questions and comments include:</p> <ul style="list-style-type: none"> • Carol posed the question Do you think PT is helping our providers? These providers are excelling due to the technical assistance. <ul style="list-style-type: none"> ○ Sindi, she is sure that is part of it. She also attributed it to providers understanding their patients. She noted in discussion when considering what providers are doing to keep numbers low—factors include that practice transformation, consumers have stayed in area and know what they need. She also noted that since she’s learned about the COPE, CALM, CARE campaign is out, she has actively shared the information. She finds it helpful and thinks it will be beneficial to the region. • What certs and ITA detentions are. ITA is an involuntary treatment hold, when they are detained at a hospital against their will. Single bed cert is wen someone is placed on a hold, they have met the need to be detained but no beds are available at a psychiatric hospital. Lower the better on that. • Suicide rates numbers aren’t available but she is bringing this forward with the HCA meeting next week. She mentioned the bill put forward to decrease the numbers and is something the state is actively looking at. Patrick noted the rate have increased. Senate bill 5327 creates a confident tip line for those under 25. Receiving good support but could use more. It will allow those under 25 to make a confidential report from school shootings, bullying. • Does the increase in suicides correlate with decrease in ITA? Sindi declines as people who complete suicide typically have not been detained previously. She does not think hey are related. • How do referrals and no bed hold integrate with popular/virtual counseling? She noted the state implemented a mandatory telehealth training in order they understand they can transfer someone who becomes suicidal. All MH providers in region have assistance in place. Estakio is hearing a lot about this and notes on the warm handoff. • How does this data support workforce development trends and focus? Dan noted his focus in this effort and is wondering if BH organizations are going to think about workforce trends? |
| COPE, CALM, & CARE Training | Adriana Hernandez of Catholic Charities shared the training for COPE, CALM, and CARE model. See attachment 4 in the LC meeting packet. These skills are broken down for each age groups. |

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| | <p>Children, Teens and Adults. Next, she provided an overview of the toolkits for children, youth, and adults.</p> <p>Questions and comments included:</p> <ul style="list-style-type: none"> GCACH and Catholic Charities are working with schools to ensure families can get toolkits printed. Is there any way families can request a printed packet get mailed to them? (i.e. for those that don't have access to technology/printers?). <p>Find more information at practicethepause.org or contact dhalo@gcach.org for more information.</p> |
| <p>Campaign Overview</p> | <p>Nicole from Field Group shared some insights into the success of the COPE, CALM, & CARE campaign.</p> <p>This is running through April in existing funding. They will be looking into the savings and see if the campaign may be extended.</p> <p>Jennifer Alao-Alford—in addition to the teacher’s being contacted, if the community in schools?</p> <p>ACTION: Jennifer and Diane to connect on that contact information that would be beneficial to reach out to in the next phase of outreach.</p> <p>It would require \$50,000 to help. Diane eluded to the \$200k put into the campaign thus far.</p> <p>PSAs were mentioned and the local TV stations were encouraged.</p> |
| ADJOURNMENT | |
| <p>Adjournment</p> | <p>Meeting adjourned at 10:50am. Minutes taken by Damia Safford.</p> <p>Find the meeting recording here: https://youtu.be/I16rL9CIAcE.</p> |

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