



SUNDOWN M
RANCH

Implementing MAT in Traditional BH Programing

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- 20+ years BH experience both as Clinician and Admin
- COO Sundown M Ranch
- CARF Surveyor
- CDP Committee
- State and National policy development

Introduction

- SUD = Substance Use Disorder
- OUD = Opioid Use Disorder
- MAT = Medication Assisted Treatment
- MOT = Medication Only Treatment
- HCA = Healthcare Authority
- ASAM = American Society of Addiction Medicine

Terms

Agenda

Implementation

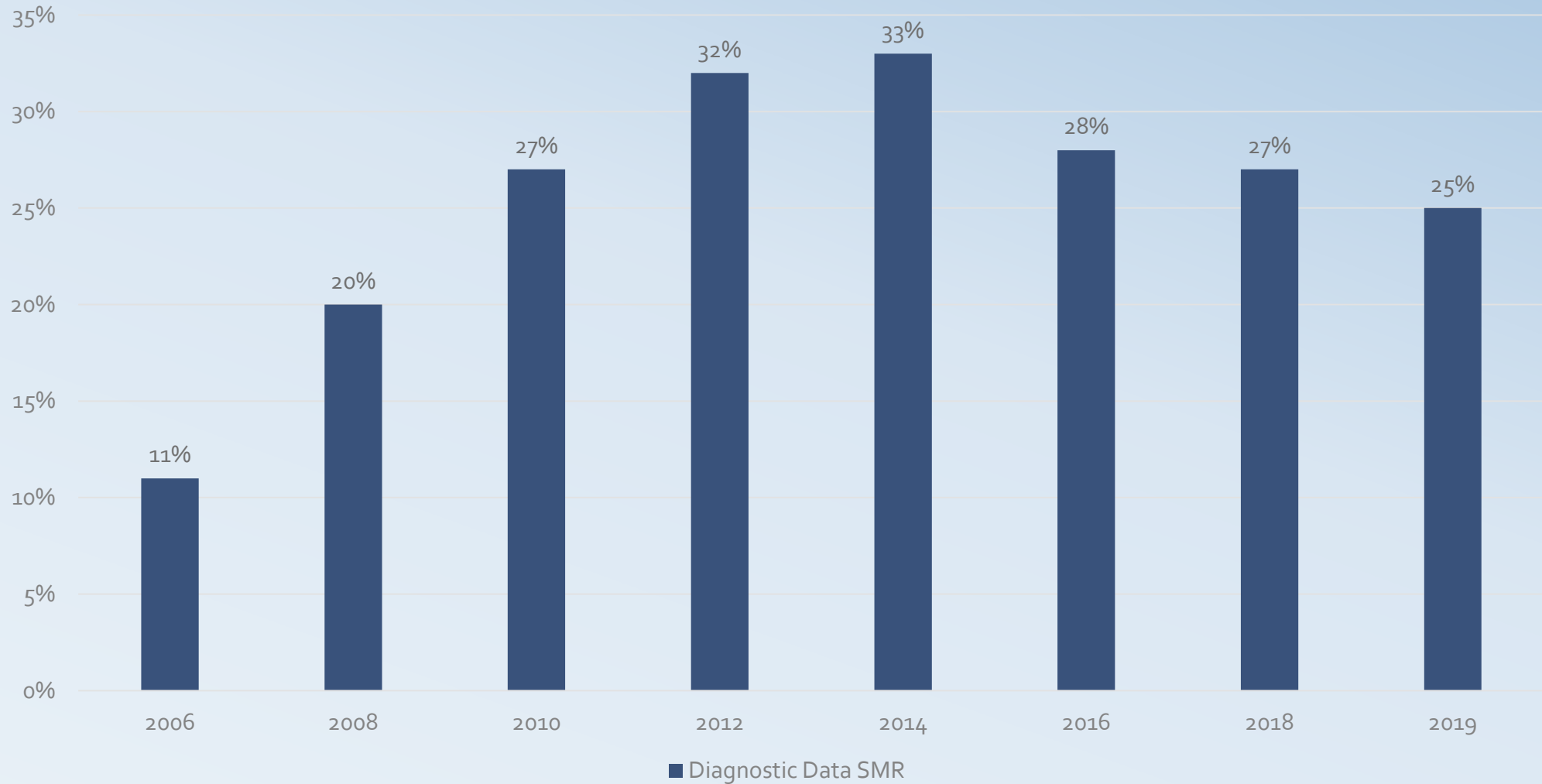
Brief History

Challenges

Situations

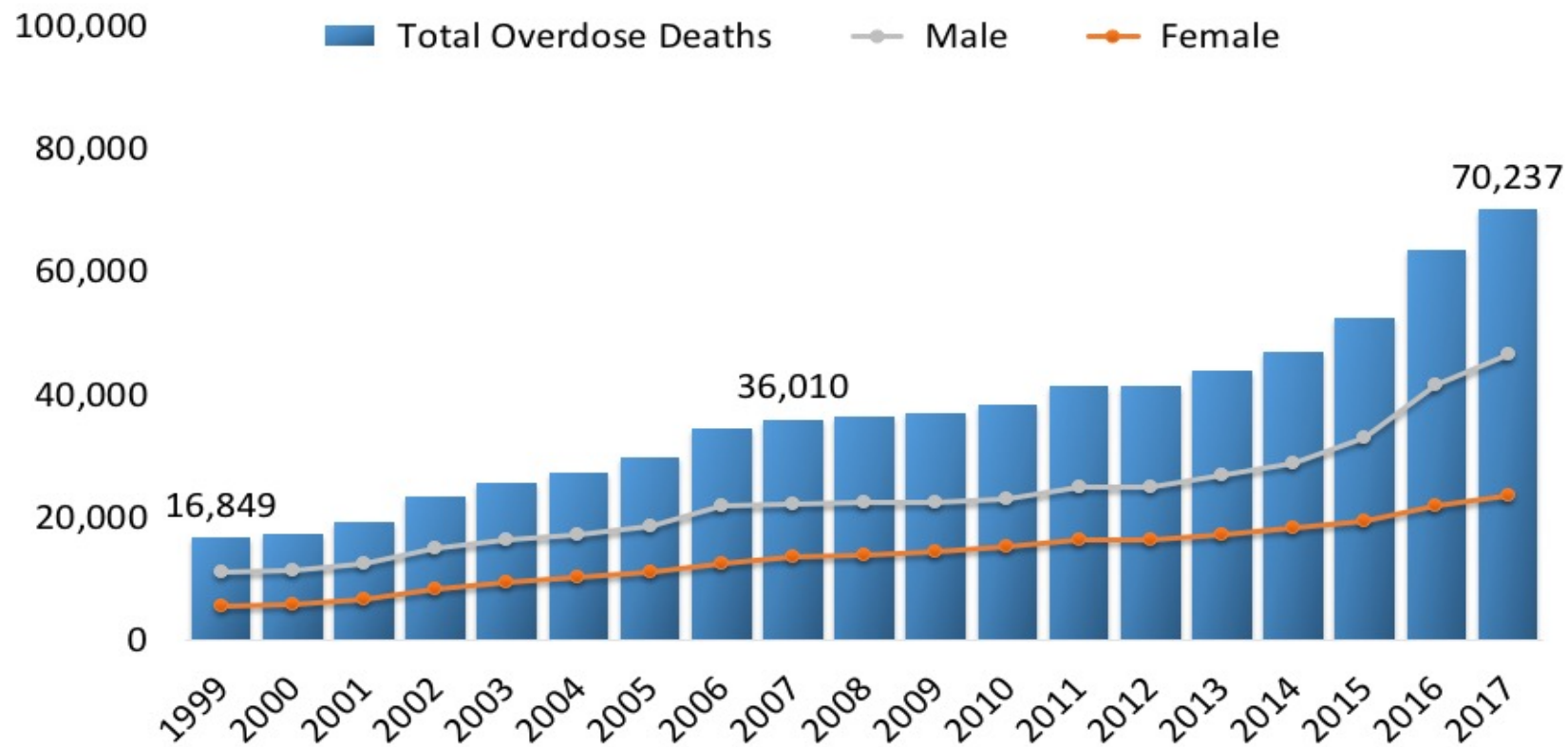


ODD Diagnostic Data SMR



ODD Problem is older than most think

Figure 1. National Drug Overdose Deaths Number Among All Ages, by Gender, 1999-2017



Source: : Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2017 on CDC WONDER Online Database, released December, 2018

- Especially early on—Opioid initiation was frequently in pill form.
- Pills became harder to acquire and expensive
- Many users switched to IV Heroin
- IV presents more challenges to healthcare system = co morbidity
- MAT may be the answer but what about other SUD's? OUD's are not the only “addiction” issue facing society
- According to NIHA, As a society we spend \cong 800 Billion Dollars treating all the associated costs of Substance Use = Alcohol Tobacco Licit and Illicit Drugs

Common Themes

- Federal and State laws to regulate Opioid prescribing—active process
- Inadvertently pushes users to Heroin/Black Market
- Overall BH field has been slow to respond with available medication
- Hard to locate reliable data and outcomes
- Most of the focus is on OUD and not Addiction in general

Response

- Traditional abstinence based programming culture
- Tradition “Medicine” culture
- Patients have similar responses that providers do = one or the other
- Not enough collaboration between providers and systems

Common Themes

- “Everyone” should do this =
- Everyone should be on medication
- No one should be on medication
- Patient are confused about what might be effective for them

Response

- Patients that have tried multiple traditional treatment programs and self help activities with minimal success
- Patients that have tried medication/MAT only
- See very few that have had both simultaneously

Common Themes

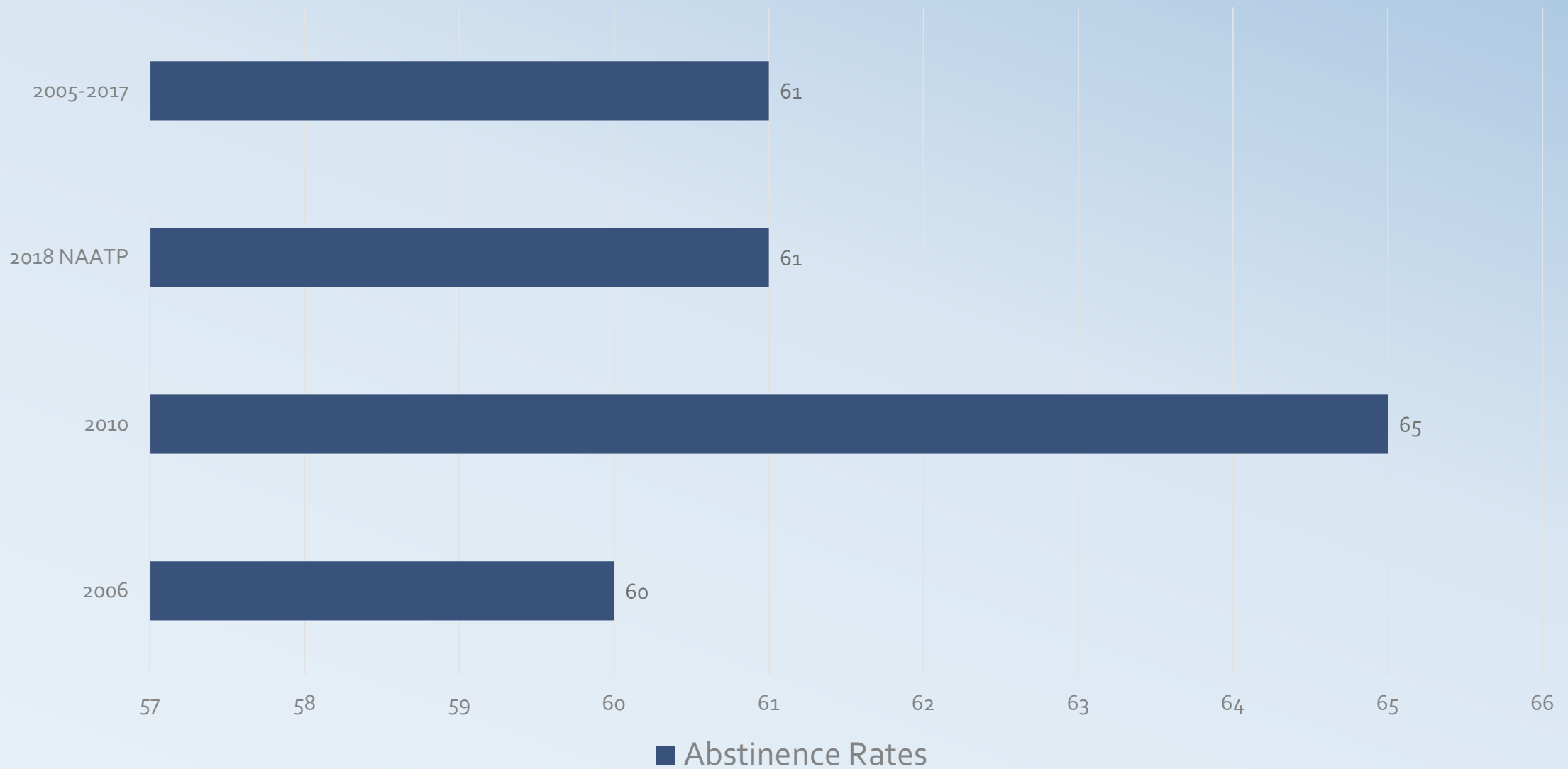
- Integrate
- Collaborate
- Integrate
- Collaborate

Collaborate = collaborate with other providers, collaborate within organizational systems, and most importantly collaborate with the patient

Response

- BH provider that conduct outcomes studies show effectiveness with traditional approaches even with OUD's...why change?

Common Themes



SMR Outcomes \cong 1500 per year NAATP Study = 75

- Why not change?
- Research suggests integration improve outcomes. Only way to truly know is to implement and measure!

Response

- Common themes above = Staff and Patient Culture—discuss
- Most SUD programs do not have on site 24/7 MD and Nurses
- Most SUD programs do not have on site lab services
- Pharmacy services/access to medication
- No MAT for other addictions
- Lack or awareness of SUD across healthcare system in general
- Cooperation/Collaboration with other providers

Challenges

- Educate and train staff
- Educate and train patients
- Educate and train staff and patients again....
- Culture shift towards integration
- Coordinate agreements with other providers or develop internal resources
 - Lab(s)
 - Pharm services
 - Addiction Medicine Doctor
 - Utilize patient input as much as possible
 - Coordination of follow up care is crucial

Implementation

- Patient choice is priority
- Decisions about treatment planning and programming should be individualized
- No one size fits all
 - What do we do with other chronic conditions? Say Diabetes?
- Possible scenarios
 - What do we see?
 - What should are responses be?

Implementation

Overdose Death Rates (2019). *National Drug Overdose Deaths*. Retrieved June 5, 2019 from <https://www.drugabuse.gov/related-topics/trends-statistics/overdose-death-rates>.

NAATP Addiction Leader (2019). *Outcomes Measures Toolkit*. Retrieved June 5, 2019 from https://www.naatp.org/sites/naatp.org/files/NAATP_Newsletter_Outcomes_FINAL.pdf



References