

PAL Plus Behavior Program

A Community Based Collaborative Care Program

What Is PAL Plus? Brief skill-based treatment for parents of children with behavior problems. The program works with local behavioral health therapists to provide 5 in-person sessions. Care is coordinated with the student's primary medical doctor.

Who Qualifies? Parents of children 4-12 years-old with attention or behavior problems. The program does not directly address classroom problems.

How to refer a student? School based professionals can identify and refer their Medicaid students by:

1. Contacting parents/caregivers to assess their interest, verify Medicaid coverage, and collect Primary Care Provider's name.
2. Fill out the referral form at www.seattlechildrens.org/PALPlus.

Our team will call parents/caregivers to screen for eligibility and to schedule.



PARTNERSHIP ACCESS LINE
Mental Health Consultation Outreach

Learn More!

Web: www.seattlechildrens.org/PALPlus
Email: PALPlus@seattlechildrens.org
Phone: 866-599-7257